

Seasons Of Grief

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Shall I wither and fall like an autumn leaf, From this deep sorrow - from this painful grief? How can I go on or find a way to be strong? Will I ever again enjoy life's sweet song?

Sometimes a warm memory sheds light in the dark And eases the pain like the song of a Meadow Lark. Then it flits away on silent wings and I'm alone; Hungering for more of the light it had shone.

Shall grief's bitter cold sadness consume me, Like a winter storm on the vast angry sea? How can I fill the void and deep desperate need To replant my heart with hope's lovely seed?

Then I look at a photo of your playful smiling face And for a moment I escape to a serene happy place; Remembering the laughter and all you would do, Cherishing the honest, caring, loving spirit of you.

Shall spring's cheerful flowers bring life anew And allow me to forget the agony of missing you? Will spring's burst of new life bring fresh hope And teach my grieving soul how to cope?

Sometimes I'll read a treasured card you had given me And each word's special meaning makes me see, The precious gift of love I was fortunate to receive, And I realize you'd never want to see me grieve.



Shall summer's warm brilliant sun bring new light, And free my anguished mind of its terrible plight? Will its gentle breezes chase grief's dark clouds away, And show me a clear path towards a better day?

When I visit the grave where you lie in eternal peace, I know that death and heaven brought you release; I try to envision your joy on that shore across the sea, And, until I join you, that'll have to be enough for me.

For all the remaining seasons of my life on earth, There'll be days I'll miss your merriment and mirth, And sometimes I'll sadly long for all the yesterdays; Missing our chats and your gentle understanding ways.

Yet, the lessons of kindness and love you taught me, And the good things in life you've helped me to see; Linger as lasting gifts that comfort and will sustain, Until I journey to that peaceful shore and see you again.